

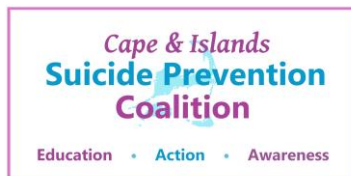


MENTAL
HEALTH
FIRST AID®

CO-SPONSORED BY THE
AMERICAN FOUNDATION FOR
SUICIDE PREVENTION
&
CAPE AND ISLANDS SUICIDE
PREVENTION COALITION

Mental Health First Aid USA is an 8-hour course that teaches a 5-step action plan encompassing the skills, resources, and knowledge to help an individual in crisis connect with appropriate professional, peer, and self-help care. Participants learn the unique risk factors and warning signs of mental health problems, builds understanding of the importance of early intervention, and, most importantly, teaches individuals how to help someone in crisis or experiencing a mental health challenge.

All participants will receive a certificate of completion. CEUs are available at an additional cost. Instructors: Maura Weir and Kevin Marshall.



AMERICAN FOUNDATION FOR
Suicide Prevention

June 21, 2018

8:30am – 5:00pm

Nantucket Police Department

4 Fairgrounds Rd

Nantucket, MA 02554

To Register please email mhfatraininginfo@gmail.com or call
Maura at 617 543 6634

For more information visit: <https://www.mentalhealthfirstaid.org/>.