

Council on Aging Meeting
1/6/21 Minutes

1. Call to order [at 1:30](#)
2. Reading of Remote Meeting Law by chair
3. Establish quorum
 - a. Mary Anne Easley - chair
 - b. Alison K. Forsgren - vice chair
 - c. Diane Flaherty - secretary
 - d. Judith Perkins
 - e. Suzi Spring
 - f. Vanessa Larrabee
 - g. Linda Williams

Staff present: Laura Stewart

Jerico Mele (Director of Human Services)

Guest present: Herb Taylor

Michelle Munroe

4. Approval of Agenda;
4. Approval of minutes;
 - a. Minutes of 11/4/20 - Approved with changes - motion made by Vanessa, seconded by Suzi, motion carries
 - b. Minutes of 12/2/20 - Approved with changes - motion made by Suzi, seconded by Alison, motion carries
4. Public Comment - None
4. Official business
 - a. Discussion led by Herb Taylor and Michelle Munroe. Discussion on options for the future of Our Island Home. Herb and Michelle will send a letter outlining the details of our discussion
 - b. Report of Saltmarsh by Laura Stewart (program coordinator)
 - i. Zoom exercise classes continue with great success
 - ii. Exercise equipment are being lent to those in need
 - iii. Chair yoga will be led by Barbara Rives through March, while Jasmine Alcantra takes time off
 - iv. Yoga on Thursdays [at 9:00 AM](#)
 - v. Tai Chi [on Thursday at 10:00 AM](#)
 - vi. December 8th holiday decorating craft drive through had 20 participants
 - vii. Anglers Club Dinner pick up on December 14th had 30 participants.
 - viii. Nantucket Trivia with Fran ([11/10](#)) had 3 attend
 - ix. Nutrition with Alice [on 11/8](#) had 4 attend
 - x. December 18 holiday ornament draft drive through had 5 participants
 - xi. Songs with Paul (12/18) had 12 participants

- xii. December 22nd Holiday greens pick up on 12/22 had 10 participants
- xiii. The NCEA appreciation drive through had 30 participants
- xiv. Arthur Bergeron continues to offer free legal advice on the first Wednesday of each month via zoom or phone. Appointments are 20 minutes each.
- xv. Hearing tests and hearing aid checks are the 4th Tuesday of each month at The Saltmarsh.
- xvi. Senior Learning Network Programs are almost every Tuesday and Thursday. The average is 3 participants.
 - c. Upcoming Programs & Activities
 - i. Steve Spillane, PHD from Cape Organization for Rights of The Disabled (CORD) will be doing a zoom presentation on 1/5/21
 - ii. Nutrition with Alice - 1/20/21 at 1:00 PM
 - iii. Hearing Life - [1/28/21 from 11:30-3:30](#)
 - 4. Other business - none
 - 4. Adjournment - motion made by Linda to adjourn [at 3:00](#); seconded by Vanessa - unanimous vote, motion carries.

Sent from my iPhone