

1. Call to order by Chair, Mary Anne Easley
- A. Reading of Remote Meeting Law by Chair.

2. Establish Quorum

Council members present:

Chair Mary Anne Easley

Vice Chair Alison K Forsgren

Secretary Diane Flaherty

Judith Perkins

Suzi Spring

Nancy Swain

Kendra Lockley

Council members absent:

Linda Williams

Kendra Lockley

Staff present:

Laura Stewart

Staff absent:

Jerico Mele

Chair Mary Anne Easley informed the Board that Vanessa Larrabee has resigned.

3. Approval of agenda:

Motion made by Diane to approve, second by Alison. Vote unanimous, motion carries.

4. Approval of March 2, 2022 minutes:

Motion made by Alison to approve minutes with spelling corrections, second by Judith. Vote unanimous, motion carries.

5. Official Business:

A. MCOA Walk by Alison, and Tara Hammes. Tara Hammes RD is director of Member Services - Healthy Aging and Nutrition, Massachusetts Councils on Aging. MCOA WALK is a way to recognize and acknowledge Councils on Aging across the State. It's opened to anyone from the age of 5 and is a healthy way to connect all generations. A very easy registration is on line. The challenge is from May 1, 2022 until the end of October 2022. There are several walking challenges available. At the conclusion in October, a raffle will be held, with winning participants receiving a gift card from Visa, Amazon, or Dunkin Donuts. The Nantucket Council on Aging could win one of three cash prizes, \$1000., \$500, or 250. There is no fee to enter.

A motion was made by Alison to support the NCOA WALKING CHALLENGE, second by Nancy. Vote was unanimous, motion carries. Information about this will be in the weekly Saltmarsh newsletters.

6. Seniors of the Year 2022 by Laura Stewart \:

So far, we have received 11 nominations. Members of COA may nominate people.

A full quorum is needed in May when voting takes place.

7. Status of two grants for Nantucket seniors by Mary Anne Easley:

A. Home modification: no news to report.

B. Caregiver Relief Scholarships: we were awarded \$7,700 from the State for this. We are still waiting for Town approval. We voted on presenting a \$200 gift card to each recipient to different venues, depending on the requests. The town is to give us money to purchase these and to be reimbursed from the state. Town Manager has signed the papers, and nothing else has been done to finish this procedure. A motion was made by Diane to have Mary Anne write an Email to Town Manager, second by Alison. Vote unanimous, motion carries. We are in danger of losing the money this week.

8. Update on Saltmarsh programs by Laura Stewart:

A. Saltmarsh is open! The Great Room is full every day.

B. All fitness classes being zoomed.

C. Free legal advice first Wednesday of each month. These 20 minute meetings are via zoom by Arthur Bergeron.

D. BCBS webinar, Food and its healing effects, April 11, at 2:00 PM

E. Tidal pool harbor walk with Nantucket Land Council, April 13, 1:00 PM

F. Identity Theft and Fraud Prevention with the Office of Consumer Affairs via zoom April 13, 6:30 PM.

G. The future of Our Island Home and Saltmarsh by Brenda Johnson, April 14 and April 28 at 1:00 PM via zoom.

H. Saltmarsh opening party is April 14 from 5:00 to 7:00 P

I. Cooking with Alice, third Tuesday of each month.

J. Essex Gam with Nantucket Historical Association is April 26 at 1:30PM.

K. BCBS webinar Eight Happiness Boosting Strategies, April 27 at 10:00 AM

L. Vilma from Hearing Life visits the Saltmarsh once a month

M. Shawn from Home Hearing Healthcare visits the Saltmarsh once a month.

N. Still waiting permission to resume congregate lunches.

9. Report on Nantucket Center for Elder Affairs by Mary Anne Easley:

A. Work by gardeners start at Saltmarsh April 23 and 24.

B. NCEA has an old woodie car that they are entering in the Daffodil Parade! Three of our four Seniors of the Year are available to ride in it and to participate in the picnic in Sconset!

10. Other Business

11. Adjournment:

Motion made by Diane to adjourn at 2:41, second by Alison, vote unanimous, motion carries.