

January 2018-
February 2018
Volume 1, Issue 2

OUR ISLAND HOME

Monthly Newsletter

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OIH- 5 STAR RATING ★★☆☆★

The Centers for Medicare and Medicaid Services (CMS) created the Five-Star Quality Rating System to help consumers and families compare nursing homes based on facility performance for three types of performance measures. The rating takes the form of 'stars' and each facility is given between 1 and 5 stars in each area in comparison to other nursing homes that participate in Medicare or Medicaid. It is updated upon new inspections of the facility by the State Department

of Public Health and quarterly submissions of quality measures by the facility.

The three performance areas are Health Inspections, Staffing and Quality Measures.

Our Island Home's rating as of December 2017 is a 5 star rating! This is considered to be above average.

This rating currently does not account for our two most recent surveys held in November 2017. Once that data is updated (Health Inspections and Staffing) a new rating will be

made available on <https://www.medicare.gov/nursinghomecompare/> The information on Nursing Home Compare can help you learn:

- How nursing homes have performed on health and fire safety inspections
- How the nursing home is staffed with nurses and other healthcare providers
- How well nursing homes care for their residents

A more detailed report on this information was provided to the Board of Selectmen on January 10th, 2018. To see this presentation, please visit <https://www.nantucket-ma.gov/859/Ratings-and-Surveys>

Nantucket Public Schools

Nantucket Public Schools Early Childhood playgroup visits with our residents weekly and it has been a wonderful addition to the OIH community.

OIH Nurses, Heather Francis & Maria Lemus presented to a group of high school students regarding the ins and outs of a day in the life of a nurse. A date will be schedule for students to tour the facility and asks questions.



Residents participating in play group.

ANNUAL CHRISTMAS PARTY A SUCCESS

Friends of Our Island Home helped sponsor the Annual Christmas Party on Friday, December 22nd. Delicious food was served from our kitchen: from seafood chowder, scallops, hot hors d'oeuvres, to cider, egg nog, and mini cakes. Santa provided each resident with a personal gift, funded by Friends of OIH, purchased at local stores. Staff members, Daniel Ross, Activities Assistant, and Fernella Phillips, Dietary Aide led residents, friends, family, and staff in caroling.



Residents Joan & Gladys open their presents surrounded by family!

WELCOME KELLIE-BUSINESS OFFICE ASSISTANT

We are happy to welcome Kellie Coffman, our new Business Office Assistant! Kellie moved to Nantucket in July 2017 from Durango, Colorado. Born in Southern California, Kellie worked in the hospitality industry for nine years and worked as an Administrative Assistant to the principal while residing in Durango. She looks forward getting to know our residents, staff and family here at OIH.

We will be having another addition to our team come mid January, filling the assistant to the DON position.

The next Family Council meeting will be held on Wednesday, February 13th from 10-11am. We hope to wrap-up the Quality Assurance Performance Improvement Plan (QAPI) to make our beautiful Dining Room entrance available to everyone, when meals & clean-up are not in place.

FAMILY PORTRAITS

Local Nantucket photographer Barbara Clarke is offering her portraiture services (free of charge) to Our Island Home residents.

If you would like to schedule group or individual portraits for your friend or family member residing at Our Island Home, please contact Taylor Hilst at thilst@nantucket-ma.gov to schedule an appointment.

TIME SLIPS

TimeSlips is a storytelling method for older adults with cognitive impairment that engages imagination to tell a story. Using images and verbal cues, either individually or as a group, a story is composed, recorded, re-read and published.

TimeSlips became an independent non-profit in 2013 and has Certified Facilitators in 42 states and 12 countries. Allison Forsgren, President of Friends of OIH, recently became a Certified Facilitator and is pleased to be a recipient of grant monies from the Nantucket Arts Council to begin a program at Our Island Home. The pilot program will start this month, January 21st and run through February, every other Sunday afternoon. Please contact Taylor Hilst for more information.

OMBUDSMAN

Sarah Franey, LTC Ombudsman, is our newest Ombudsman (a tough role to fill since Helene Blair's departure) and doing a fantastic job. Sarah has been visiting our residents & family members at least once a month. She plans to attend Resident Council this month and Family Council in the near future.

For those of you who are not familiar with the Ombudsman program, it is a program run by the Executive Office of Elder Affairs and is located throughout Massachusetts in 24 program areas. The Ombudsman volunteers and staff receive extensive training and are certified by the State Ombudsman to visit nursing homes on a regular basis.

The main purpose of an Ombudsman is to be an advocate for residents, offering a way for residents and their loved ones to voice their complaints and have their concerns addressed so that residents can live their lives with dignity and respect.

If you would like to reach Sarah her phone # is 508-394-4630 and her email is sarah.franey@escci.org. Her contact information is also posted on the bulletin board located on the North wing, near the entrance.

CAPITAL UPDATE: FUTURE PROJECTS

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We're on the Web!

See us at:

www.nantucket-ma.gov

There is a lot of internal work being done regarding capital upgrades to the current facility. There are multiple projects being reviewed and in the bidding process, as required by the Commonwealth of Massachusetts for public projects.

Completed Work:

Some work that has already been fulfilled has been the purchase and installation of all new washers and dryers in the laundry room, new walk-in freezer and cooking stove system in the kitchen, as well as a chest freezer.

Upcoming Projects:

There is funding allocated for resident furniture and closets upgrades. We hope to have the closet bid advertised and new furniture options available for the residents and staff to review next month.

Multiple other building construction work that has funding was merged into one large bid rather than advertising for multiple smaller projects. Unfortunately, due to the bid responses coming in over the allocated funding amounts, there was a need to redo the original bid and prioritize which projects would be done first.

We hope to have a contract awarded soon!

The projects in this merged bid include:

- * Complete renovation of the East shower/tub room with inclusion of an appropriate Beauty Salon space. This will include the purchase of a new tub and an additional shower stall for usage.
- * Complete renovation of the West shower and related bath areas.
- * The exposed electric panel at the end of the South Wing shall be enclosed and the entrance adjusted to accommodate this.

- * Tile and finish work in the Kitchen as well as the installation of additional air ventilation units.
- * Resident bathroom upgrades to certain fixtures as a safety need (ex. toilet wall carriers).
- * The Nourishment kitchen will be renovated to provide for better accessibility and functionality.
- * Exterior building side wall repair.

Once a contract is awarded for the above projects, work will begin. It is important to note that we will do our best to manage the resident's needs while these projects are underway. They will not all be occurring at the same time to ensure the least amount of disruption to the residents everyday lives as best we can. Once project start dates, timelines, and accommodations are determined; we will provide this information to you.

Any questions on the above, or other ideas for improvement projects at the facility, please don't hesitate to contact us!

Resident Monthly Quote

"I'm old enough to have been in a few places, and I think this place is exceptional." -BS



Employee of the Month

Donna King

is our December EotM!

Donna is one of OIH's LPNs who provides care to our residents on the night shift!

Volunteer of the Month

Georgia Snell

Thank you for all you do since 1989! Each week residents enjoy church service, bible study, and "Georiga's Gam," where stories, jokes, and songs are shared.

The Annual Coast Guard Valentine's Day Dance

February 8th
4pm
OIH Dining Room