


# Our Island Home: November 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Family Council will be on Friday, November 17th at 10AM. A zoom link will be sent to families.</p> <p><u>Activities are subject to change. All changes will be announced</u></p>	<p><b>Activities Options Available Daily:</b></p> <ul style="list-style-type: none"> <li>- Coloring Pages</li> <li>- Puzzles</li> <li>- Word search or trivia sheets</li> <li>- Phone calls to family</li> <li>- Old ACK Picture Books</li> <li>- Independent knitting / art</li> <li>- Knitting</li> <li>- VAN RIDES!</li> </ul>	<p><b>Activities Options Available Daily (cont.):</b></p> <ul style="list-style-type: none"> <li>- Letters from Nantucket community members and loved ones</li> <li>- Independent bible study</li> <li>- 1:1 time with staff for support</li> <li>- Music with headphones</li> <li>- Virtual &amp; Window Visitation ... and more!!!</li> </ul>	<p><b>1 AM:</b> Coffee Social  <b>9:00 AM :</b> Morning Music  <b>9:45 AM :</b> Exercise /aerobics  <b>10:15 AM:</b> Sing- Along  <b>10:30 AM:</b> Story &amp; music with Reverend Snell  <b>1:00 PM:</b> Bingo  <b>3:00 PM:</b> Knitting Club  <b>4:00PM:</b> Live Classical Guitar</p>	<p><b>2 AM:</b> Coffee Social  <b>9:00 AM :</b> Morning Music  <b>9:30AM:</b> Current Events  <b>10:30 AM :</b> Arts and Crafts  <b>1:30 PM:</b> Sing-along  <b>4:00 PM:</b> Balloon Volleyball</p>	<p><b>3 AM:</b> Coffee Social  <b>9:00 AM :</b> Morning Music  <b>9:45 AM:</b> Yoga  <b>10:30 AM:</b> Floral Arranging  <b>1:00 PM:</b> Bingo  <b>3:00 PM:</b> Book Club / Pet Therapy (Gwen)  <b>3:30 PM:</b> Mocktails  <b>4:15 PM:</b> Hand Dancing</p>	<p><b>4 AM:</b> Coffee Social  <b>10:00 AM:</b> Manicures  <b>11:00 AM:</b> Stretching  <b>1:00 PM:</b> Bingo  <b>3:00 PM:</b> Bible Study  <b>4:00 PM:</b> 1:1</p>
<p><b>5 9:00AM:</b> Coffee social  <b>9:30 AM:</b> Morning Music  <b>10:30AM:</b> Religious Services with Reverend Snell  <b>1:30PM:</b> Scrabble  <b>3:00PM</b> Ring Toss  <b>4:00 PM:</b> 1:1</p>	<p><b>6 AM:</b> Coffee Social  <b>9:00 AM :</b> Morning Music  <b>10:00 AM:</b> Arts and Crafts  <b>11:30 AM:</b> Mindful Meditation  <b>1:00 PM:</b> Bingo  <b>3:00 PM:</b> manicures  <b>3:30 PM:</b> Exercise</p>	<p><b>7 9:00 AM:</b> Coffee Social morning music  <b>10:00 AM:</b> Ball Toss  <b>10:30 AM:</b> Our Island Kids-Playgroup  <b>1:30 PM:</b> Trivia  <b>3:00 PM</b> 1:1  <b>4:00 PM:</b> Photos with Fran</p>	<p><b>8 AM:</b> Coffee Social  <b>9:00 AM :</b> Morning Music  <b>9:45 AM :</b> Exercise /aerobics  <b>10:15 AM:</b> Sing-Along  <b>10:30 AM:</b> Story &amp; music with Reverend Snell  <b>1:00 PM:</b> Bingo  <b>3:00 PM:</b> Knitting Club  <b>4:00PM:</b> Live Classical Guitar</p>	<p><b>9 AM:</b> Coffee Social  <b>9:00 AM :</b> Morning Music  <b>9:30AM:</b> Current Events  <b>10:30 AM :</b> Arts and Crafts  <b>1:30 PM:</b> Sing-along  <b>4:00 PM:</b> Balloon Volleyball  <b>6:00 PM:</b> Game Night</p>	<p><b>10 AM:</b> Coffee Social  <b>9:00 AM :</b> Morning Music  <b>9:45 AM:</b> Yoga  <b>10:30 AM:</b> Floral Arranging  <b>1:00 PM:</b> Bingo  <b>3:00 PM:</b> Book Club / Pet Therapy (Gwen)  <b>3:30 PM:</b> Mocktails</p>	<p><b>11 AM:</b> Coffee Social  <b>9:00 AM :</b> Morning Music  <b>10AM:</b> Manicures  <b>1:00 PM:</b> Hair with Sallyanne  <b>3:00 PM:</b> Bible Study  <b>4:00 PM:</b> 1:1 activities</p>
<p><b>12 9:00AM:</b> Coffee social  <b>9:30 AM :</b> Morning Music  <b>10:30AM:</b> Religious Services with Reverend Snell  <b>1:30 PM:</b> Bingo  <b>3:00 PM:</b> Bowling  <b>4:00 PM:</b> 1:1</p>	<p><b>13 AM:</b> Coffee Social  <b>9:00 AM :</b> Morning Music  <b>10:00 AM:</b> Arts and Crafts  <b>11:30 AM:</b> Mindful Meditation  <b>1:00 PM:</b> Bingo  <b>3:00 PM:</b> Manicures  <b>3:30 PM:</b> Exercise</p>	<p><b>14 9:00 AM:</b> Coffee Social morning music  <b>10:00 AM:</b> Ball Toss  <b>10:30 AM:</b> Our Island Kids-Playgroup  <b>2:00 PM:</b> MASS  <b>3:00 PM :</b> 1:1  <b>4:00 PM:</b> Photos with Fran</p>	<p><b>15 AM:</b> Coffee Social  <b>9:00 AM :</b> Morning Music  <b>9:45 AM :</b> Exercise /aerobics  <b>10:15 AM:</b> Sing-Along  <b>10:30 AM:</b> Story &amp; music with Reverend Snell  <b>1:00PM:</b> Bingo  <b>3:00 PM:</b> Knitting Club  <b>4:00 PM:</b> Live Classical Guitar</p>	<p><b>16 AM:</b> Coffee Social  <b>9:00 AM :</b> Morning Music  <b>9:30AM:</b> Current Events  <b>10:30 AM :</b> Arts and Crafts  <b>1:30 PM:</b> Sing-along  <b>4:00 PM:</b> Balloon Volleyball</p>	<p><b>17 AM:</b> Coffee Social  <b>9:00 AM :</b> Morning Music  <b>9:45 AM:</b> Yoga  <b>10:30 AM:</b> Floral Arranging  <b>1:00 PM:</b> Bingo  <b>3:00 PM:</b> Book Club / Pet Therapy (Gwen)  <b>3:30 PM:</b> Mocktails</p>	<p><b>18 AM:</b> Coffee Social  <b>9:00 AM :</b> Balloon volleyball  <b>10:00 AM:</b> Manicures  <b>1:00 PM:</b> Bingo  <b>3:00 PM:</b> Bible Study  <b>4:00 PM:</b> 1:1</p>
<p><b>19 9:00AM:</b> Coffee social  <b>9:30 AM :</b> Morning Music  <b>10:30AM:</b> Religious Services with Reverend Snell  <b>1:30PM:</b> Scrabble  <b>3:00PM</b> Balloon Volleyball  <b>4:00 PM:</b> /1:1</p>	<p><b>20 AM:</b> Coffee Social  <b>9:00 AM :</b> Morning Music  <b>10:00 AM:</b> Arts and Crafts  <b>11:30 AM:</b> Mindful Meditation  <b>2:00 PM:</b> NHA-On the Road Stain Glass Votive project.  <b>3:00 PM:</b> Manicures  <b>3:30 PM:</b> Exercise</p>	<p><b>21 9:00 AM</b> Coffee Social morning music  <b>10:00 AM:</b> Ball Toss/ Communion  <b>10:30 AM:</b> Our Island Kids-Playgroup  <b>1:30 PM:</b> Trivia  <b>3:00 PM:</b> 1:1  <b>4:00 PM:</b> Photos with Fran</p>	<p><b>22 AM:</b> Coffee Social  <b>9:00 AM :</b> Morning Music  <b>9:45 AM :</b> Exercise /aerobics  <b>10:15 AM:</b> Sing-Along  <b>10:30 AM:</b> Story &amp; music with Reverend Snell  <b>1:00PM:</b> Bingo  <b>3:00 PM:</b> Knitting Club  <b>4:00 PM:</b> Live Classical Guitar performance</p>	<p><b>23 Happy Thanksgiving!</b>  <b>AM:</b> Coffee Social   <b>9:00 AM :</b> Morning Music  <b>9:30 AM:</b> Current Events  <b>10:30 AM :</b> Arts and Crafts  <b>1:30 PM:</b> Scrabble  <b>4:00 PM:</b> Balloon Volleyball</p>	<p><b>24 AM:</b> Coffee Social  <b>9:00 AM :</b> Morning Music  <b>9:45 AM:</b> Yoga  <b>10:30 AM:</b> Floral Arranging  <b>1:30 PM:</b> End of the month Birthday Party  <b>3:00 PM:</b> Book Club / Pet Therapy (Gwen)  <b>3:30 PM:</b> Mocktails</p>	<p><b>25 AM:</b> Coffee Social  <b>9:00 AM :</b> Dancercise  <b>10:00 AM:</b> Manicures  <b>3:00 PM:</b> Bible Study  <b>4:00 PM:</b> 1:1</p>
<p><b>26 9:00AM:</b> Coffee social  <b>9:30 AM :</b> Morning Music  <b>10:30AM:</b> Religious Services with Reverend Snell  <b>1:30PM:</b> Bingo  <b>3:30 PM:</b> Stretching  <b>4:00 PM:</b> 1:1</p>	<p><b>27 AM:</b> Coffee Social  <b>9:00 AM :</b> Morning Music 1:1  <b>10:00 AM:</b> Arts and Crafts  <b>1:30 PM:</b> Resident Council  <b>3:00 PM:</b> Manicures /3:15  <b>3:30 PM:</b> Exercise</p>	<p><b>28 9:00 AM:</b> Coffee Social morning music  <b>10:00 AM:</b> Ball Toss/ Communion  <b>10:30 AM:</b> Our Island Kids-Playgroup  <b>1:00 PM:</b> Pumpkin contest  <b>2:00PM:</b> Halloween Party  <b>4:00 PM</b> Photos with Fran</p>	<p><b>29 AM:</b> Coffee Social  <b>9:00 AM :</b> Morning Music  <b>9:45 AM :</b> Exercise /aerobics  <b>10:15 AM:</b> Sing-Along  <b>10:30 AM:</b> Story &amp; music with Reverend Snell  <b>1:00PM:</b> Bingo  <b>3:00 PM:</b> Knitting Club/ shot-gun season begins-nerf practice on Olivia  <b>4:00 PM:</b> Live Classical Guitar</p>	<p><b>30 AM:</b> Coffee Social  <b>9:00 AM :</b> Morning Music  <b>9:30AM:</b> Current Events  <b>10:30 AM :</b> Arts and Crafts  <b>1:30 PM:</b> Sing-along  <b>4:00 PM:</b> Balloon Volleyball  <b>6:00 PM:</b> Game Night</p>	<p><b>Weekly Activity Options:</b>                  --Wheelers                  --Outings</p> 