

# TOWN OF NANTUCKET HUMAN RESOURCES

# **Town and County Offices**

are operating under a phased return to work plan.

#### **QUICK LINKS:**

TOWN EMAIL ACCESS
INFORMATION: COVID-19
TOWN MANAGER NEWSLETTER
ARCHIVED HR NEWSLETTERS
EMPLOYEE ASSISTANCE PROGRAM
2020 HOLIDAY CALENDAR
VACATION CARRYOVER FORM



#### **Local Updates**

Nantucket Cottage Hospital updates
Town of Nantucket updates / Town FAQs
Massachusetts Department of Public Health
Office of Massachusetts Governor
Centers for Disease Control and Prevention
Families First Coronavirus Response Act

# We hope you are well!

Our Life has been turned upside down by the COVID-19 outbreak.

Any social life has ground to a halt. "Social Distancing" is suddenly a word that we know and hear daily. Anxiety thrives on the unknown and can lead us into some dark mental spaces.

#### There is hope.

We can find hope in the midst of the pandemic. With some intentional effort, we can learn and practice skills that will boost our sense of confidence despite the crisis, nurture optimism, and build emotional flexibility so we can handle instability.

### Let's focus on what we can control Let's limit our media intake

Let's remember that people are still working to make it get better.

 The Town's Emergency Response Team works daily on COVID19 related issues (THANK YOU). You can meet them <u>HERE</u>.

Invest in the uplifting - Get More from Nantucket. Join our Activity challenge.

Set a personal schedule and goals

Let's do our part - participate in the Town specified safety measures



# September is a Suicide Prevention and Awareness month.

Fool Toolkit, Videos, Facts and more about this important topic, provided to you by your Employee Assistance Program HERE.



EAP Log in HERE.

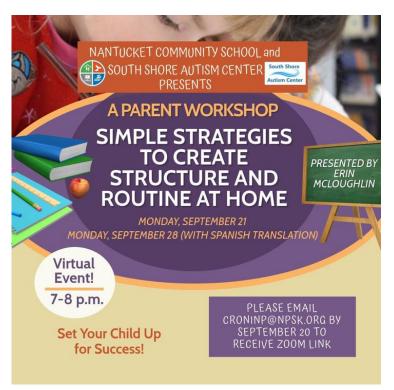
Make
Nantucket
Better:
Complete The
Census



What is it mean for Nantucket?

<u>A locally-made video tutorial explains</u>

<u>it all.</u>



# Nantucket Community School Early Childhood

If you missed their first workshop or you would like to hear it in Spanish, it is available again next Monday, <u>September 28th</u>.

Sign up by emailing <a href="mailto:croninp@npsk.org">croninp@npsk.org</a> or <a href="mailto:saraviam@npsk.org">saraviam@npsk.org</a>.

Visit their NCS webpage





Fall 2020 Activity Challenge Is Underway.

Eat Right. Move More. Breathe Easy.

Don't forget to log your minutes **HERE**.

# **COVID Grief Project**

A New joint initiative from the Nantucket Cottage Hospital Social Services
Department and the Town of Nantucket Health & Human Services
Department:

#### They want to hear from you!

Sharing experience with others can help.
Send a story, collage, or image that describes your loss to <a href="mailto:nantucketcovidgrief@gmail.com">nantucketcovidgrief@gmail.com</a>

More about the Project **HERE**.



# COLLECTIVELY MEMORIALIZING OUR GRIEF

Exploring COVID-related loss in the Nantucket community

Nantucket Cottage Hospital and the Town of Nantucket want to hear from you.

For more information visit:

Nantucketcottagehospital.org



#WhatILostToCOVID



## DRIVE-THROUGH FLU SHOTS AT NCH

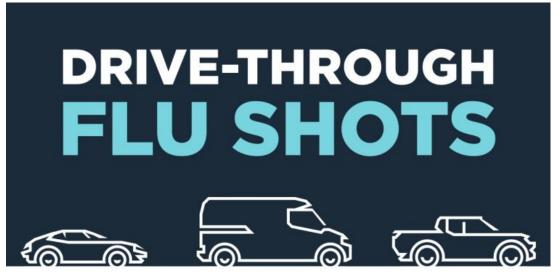
Getting a flu vaccine is more important than ever to protect yourself and the people around you from flu, and to help reduce the strain on healthcare systems responding to the COVID-19 pandemic.

#### Hours of operation:

- Monday to Friday: 7 a.m. 6 p.m.
- Saturday: 8 a.m. to 12 p.m.

Sunday: CLOSED

(hours are subject to change)



Flu shots for the entire family.

No out of pocket cost with most insurance plans.



#### **UPDATE FROM VOYA:**

As the COVID-19 pandemic has made on site visits impossible for now, Voya hopes the ability to offer continued guidance and education remotely will fill the void for the interim.



Town of Nantucket Employees will have the opportunity to arrange a confidential one on one telephone or Zoom conversation with Voya Representative **Teri Finigan** to discuss any issues pertaining to Voya and their retirement plan.

Employees looking to enroll into the 457(b) plan are also welcome to schedule an appointment.

Employees looking to conduct an account review, consolidate prior retirement accounts, adjust payroll contribution levels, receive guidance on the Voya website or need direction on any Voya related topic.

To arrange a confidential appointment, please click on the link below and schedule a time slot.

OR please call @ 978-821-9131

teri finigan.timetap.com

## **Affordable Rental Housing Resources:**

Richmond Great Point Development - (978)-815-4832 Housing Nantucket - (508) 228-4422

