

# SALTMARSH CALENDAR

# DECEMBER 2021

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>Website:</b> <a href="https://www.nantucket-ma.gov/732/Saltmarsh-Senior-Center">https://www.nantucket-ma.gov/732/Saltmarsh-Senior-Center</a></p>		<p>1 8:30 Low Impact Aerobics 1:15 Mah Jongg <b>1:30 COA Board Meeting</b> 1:30 Bingo <b>2:00 Legal Advice</b></p>	<p>2 8:00 Kettle Bell 9:00 Yoga 10:15 Tai Chi 1:30 Duplicate Bridge</p>	<p>3 8:30 Low Impact Aerobics 10:00 Chair Yoga <b>10 -12 Hearing w/ Shawn</b> 1:00 Bridge Instruction 1:00 Mexican Train</p>
<p>6 8:30 Low Impact Aerobics 1:00 Bridge Instruction 1:00 Crafting <b>1:00 Decorating Christmas cards, tags &amp; gift bags</b></p>	<p>7 9:00 Yoga <b>1:00 Chat Room</b></p>	<p>8 8:30 Low Impact Aerobics 1:15 Mah Jongg 1:30 Bingo</p>	<p>9 8:00 Kettle Bell 9:00 Yoga 10:15 Tai Chi 1:30 Duplicate Bridge</p>	<p>10 8:30 Low Impact Aerobics 10:00 Chair Yoga 1:00 Bridge Instruction 1:00 Mexican Train</p>
<p>13 8:30 Low Impact Aerobics <b>11:30 Hearing w/ Vilma</b> 1:00 Bridge Instruction 1:00 Crafting <b>1:00 Create a Christmas 'kissing ball'</b></p>	<p>14 9:00 Yoga <b>1:00 Chat Room</b></p>	<p>15 8:30 Low Impact Aerobics <b>1:00 Cooking w/ Alice Via Zoom</b> 1:15 Mah Jongg 1:30 Bingo</p>	<p>16 8:00 Kettle Bell 9:00 Yoga 10:15 Tai Chi 1:30 Duplicate Bridge</p>	<p>17 8:30 Low Impact Aerobics 10:00 Chair Yoga 1:00 Bridge Instruction 1:00 Mexican Train</p>
<p>20 8:30 Low Impact Aerobics 1:00 Bridge Instruction 1:00 Crafting <b>1:00 Christmas greens arrangements</b></p>	<p>21 9:00 Yoga <b>11:00 Christmas Songs w/ Paul</b> <b>1:00 Chat Room</b></p>	<p>22 8:30 Low Impact Aerobics 1:15 Mah Jongg 1:30 Bingo</p>	<p>23 8:00 Kettle Bell 9:00 Yoga 10:15 Tai Chi 1:30 Duplicate Bridge</p>	<p>24 <b>CENTER CLOSED FOR CHRISTMAS</b></p>
<p>27 8:30 Low Impact Aerobics 1:00 Bridge Instruction 1:00 Crafting</p>	<p>28 9:00 Yoga <b>1:00 Chat Room</b></p>	<p>29 8:30 Low Impact Aerobics 1:15 Mah Jongg 1:30 Bingo</p>	<p>30 8:00 Kettle Bell 9:00 Yoga 10:15 Tai Chi 1:30 Duplicate Bridge</p>	<p>31 <b>CENTER CLOSED FOR NEW YEARS EVE</b></p>